



SELECTIONS U23 & ELITE 2025

BELGIAN TRIATHLON

Belgian Triathlon vzw - Luchthavenlaan 27/24, 1800. Vilvoorde - RPR Brussel Ned afd - BE 0428.753.460



Updated on July 15, 2025: changes marked in yellow.

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List of abbreviations and terms

AC Be3	Appeal Committee Belgian Triathlon
BAS	Belgian arbitration commission for sport
BC	Belgian Championship
Be3	Belgian Triathlon
Be3 SC	Belgian Triathlon Selection Committee
BO Be3	Executive Board Belgian Triathlon
BOIC	Belgian Olympic and Interfederal Committee
EG	European Games
EC	European championship
EC J	Junior European championship
ETU	European Triathlon Union
ETU cup	European Continental Cup competition for Elites
ETU J cup	European Continental Cup competition for Juniors
TRI GF	World Triathlon Championship Series Grand Final
IM	Ironman
LF3	Ligue Francophone de Triathlon asbl
MTR	Mixed Team Relay
NT	National Team
OG	Olympic Games

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PTO rank	Professional Triathlon Organization World Ranking
PI	Performance Index
Quota	The maximum number of starting slots per country as defined by TRI
SD	Standard Distance (Olympic distance)
T100	PTO Triathlon World Tour 100 km distance races
TL	Team Leader designated as responsible for a particular race
TRI	World Triathlon
U23	Athletes between the ages of 19 - 24 years old
WC	World Cup
WCH	World Championship
WTCS	World Triathlon Championship Series
YOG	Youth Olympic Games
3VL	Triatlon Vlaanderen vzw
70.3	Ironman circuit races over the half Ironman distance

Introduction

In previous years, every January Be3 identified athletes on a “[National List](#)” based on results from the previous season. In an effort to **simplify** the selection procedures and to allow a more **open** process in which an athlete can join the National Team at any point throughout the season, Be3 has decided to no longer produce this list.

An **athlete is considered part of the National Team** if he/she **meets the selection criteria**, complies with the selection procedure and subscribes to the terms and conditions of the national team, including the Code of Conduct (Appendix 1).

The ambition of the Be3 is to promote triathlon in its various forms. **However, selection for an event does not necessarily equate to funding for the event.** Each league has its own funding policy and athletes can contact their respective Technical Directors for more information.

The **Be3 Selection Committee** consists of:

- Technical Director of the 3VL (maarten.de.wilde@triatlon.vlaanderen)
- Technical Director of the LF3 (claire.michel@LF3.be)

Athletes are responsible for the following:

- An athlete who wishes to participate in a competition from the TRI calendar must **provide his/her program by e-mail to the technical director of their respective league 60 days prior to the event.**
- **Changes** to this program must be emailed to the league technical director **at least 45 days prior** to the date of the event.
- Start list will be created the first Tuesday 30 days before the event. **Athletes who withdraw late** - meaning within the period that TRI produces the start list up to the competition day - **will be charged an administration fee** by the league to which the athlete is affiliated equal to the **registration fee plus 250€** per late cancellation. Only if there is a valid reason for late cancellation (e.g. acute injury or illness) the 250€ fine may be waived.

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- The **athlete is responsible for communicating the accuracy of their race calendar** at all times. Athletes may consult the status of the TRI events he/she is registered in by logging into their world triathlon account on www.triathlon.org

After this, the following procedure is followed:

- Each league's technical director is responsible for registering the athletes affiliated to their respective league on the TRI waiting list. TRI assigns a starting place according to the usual [TRI regulations](#).
- The Be3 SC will assign available quota places to athletes achieving the specific Be3 selection criteria outlined below. **Achieving the specific criteria does not guarantee a start as this will depend on the available quota places assigned to Be3 by World Triathlon and an athlete's individual ranking.** An athlete on the start list should not automatically assume that he/she can effectively start.
 - After a start list is produced, an athlete may always consult his/her place on the [waiting list](#) on the triathlon.org website.
- In case there are more athletes than available quota places, athletes will be given priority based on the specific Be3 selection criteria outlined below.
- In case no agreement can be found in the Be3 SC on the composition of the national team, the views of each member of the Be3 SC will be transmitted to the members of the AC Be3, which in turn will make the final decision.
- When a member of the national team is injured or ill, or wishes to withdraw, the Be3 SC reserves the right to reassess the selection in consultation with the athlete and his/her staff. To this end, the Be3 SC may request additional information from the athlete, physician, the federation doctor and/or the personal trainer. Hereby the rules of privacy and professional secrecy will be respected. The Be3 SC may decide to field another athlete in its place, but is not obliged to do so.
- The Be3 SC determines the selection in good conscience to delegate the strongest possible Belgian selection and/or achieve a specific learning goal/development objective.
- As soon as the final national selection is made, the TDs communicate this to the selected athletes.

General selection criteria:

Athletes must:

- Hold a competition license at 3VL or LF3.
- Be able to present a valid sports medical certificate (ECG & PPE) in accordance with [TRI medical rules](#). The attestation must be delivered by e-mail to the league's technical director at least 45 days prior to the first competition.
- Be of Belgian sport nationality as provided by TRI.
- Meet the TRI eligibility criteria (athlete agreement and anti-doping regulations), as outlined on the website www.triathlon.org
- Meet the specific Be3 selection criteria.
- Be medically fit to be selected for the competitions listed below.
Be3 SC reserves the right to still not select an athlete if he/she cannot participate at his/her full potential; for example, due to illness, injury or other circumstances.

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Specific BE3 selection criteria

Triathlon – Olympic disciplines

ALL races will be assigned a Performance Index (PI). The Performance Index will be calculated by taking the average World Ranking of the top 8 athletes in the start list the Monday prior to the event. In the case of multiple athletes achieving criterion with the same result in different races (i.e. an 8th place in two different World Cups), priority will be given to the athlete who participated in the race with the better Performance Index.

Example:

- The top 8 athletes on the start list are ranked: 3rd, 6th, 12th, 14th, 15th, 18th, 21st, 23rd
- The sum of their individual rankings is = 112 divided by 8 = average of 14
- **14 is the Performance Index** for this race.

The Name Switch policy applicable for all WTCS, WC, Continental Cups:

If a higher ranked athlete is not racing a particular event, there is the possibility to use a name switch for athletes who have met the criteria, but who may not have a World Ranking high enough to enter the start list on their own. The athlete with the best result at the higher criteria level (A criteria, then B..), taking into consideration the Performance Index (PI), will have priority for the name switch.

- WTCS and U23 WCH maximum # of name switches: 1 per gender
- WC, Multisport events, EC maximum # of name switches: 2 per gender
- Continental Cups, Junior Continental Cups maximum # of name switches: 3 per gender

World Triathlon Championship Series (WTCS) 2025

The Be3 SC may use up to **5 quota** places per gender. Priority for the quota places will be assigned as follows:

- A. Athletes within the **top 140 of the World Ranking** at the deadline for candidacy have **first priority**.
- B. Athletes having **met the criteria below** in 2024 or 2025 until the deadline for candidacy have **second priority** :
 - 1) Top 30 in WTCS
 - 2) Top 16 in a WC or EC Sprint or Olympic Distance

If the WTCS also has a **Mixed Team Relay** on the same weekend, the **highest placing athlete per gender in the individual race will have priority** to start the relay. The remaining spot per gender (1 male and 1 female) will be assigned by the TL in collaboration with the Be3 SC on a discretionary basis taking into consideration race dynamics.

In case there are not enough athletes participating in the individual race, the Be3 SC reserves the right to select one (1) reserve per gender for the MTR.

Deadline for candidacy: 45 days prior to the event date.



World Cups 2025

The Be3 SC may fill up to **5 quota** places per gender. Priority for the quota places will be assigned as follows:

Update: 15 July, 2025. In an effort to give athletes more opportunities to build their world ranking the Be3 SC have added a C level of criteria for World Cups in 2025. Athletes selected on the C-level of criteria are subject to remaining available quota places.

- A. Athletes within the **top 140 of the World Ranking** at the deadline for candidacy have **first priority**.
- B. Athletes having **met the criteria below** in 2024 or 2025 until the deadline for candidacy have **second priority**. We will use the following hierarchy for selection:
 - 1. For athletes born before 2001 (Elite):
 - a. Top 30 in a WTCS
 - b. Top 20 on a WC or EC sprint or EC OD
 - c. Top 8 at an ETU Cup*
 - 2. For athletes born between 2005 and 2002 (U23):
 - a. Top 35 in a WTCS
 - b. Top 25 in a WC or EC sprint or EC OD
 - c. Top 12 in an ETU cup*
- C. Athletes having **met the criteria below in 2025** until the deadline for candidacy have **third priority**.
 - 1. For athletes born before 2001 (Elite):
 - a) Top 35 in a WTCS
 - b) Top 25 on a WC
 - c) Top 16 at an ETU Cup*
 - 2. For athletes born between 2005 and 2002 (U23):
 - a) Top 40 in a WTCS
 - b) Top 30 in a WC
 - c) Top 20 in an ETU cup*

* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented or the finish time over 8% of the time of the winner will not be considered.

Deadline for candidacy: 45 days prior to the event date.

EC Sprint distance & Mixed Team Relay: Melilla, ESP July 19-20, 2025

Elite/U23:

The Be3 SC may fill up to **5 quota** places per gender. Priority for the quota places will be assigned as follows:

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- A. Athletes within the **top 140 of the World Ranking** at the deadline for candidacy have **first priority**.
- B. Athletes who have achieved one of the following **results in 2025** until the selection deadline listed below have **second priority**. Athletes achieving results on a WTCS level have priority over WC, and WC have second priority over ETU results. We will use the following hierarchy for selection:
 - 1. 1x top 30 WTCS or 1x top 20 WC, or 1x Top 8 ETU* for athletes born in 2001 and older.
 - 2. 1x top 35 WTCS or 1x top 25 WC or 1x top 12 ETU* for athletes born between 2002-2005.

* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented will not be considered.

In the event that quota places are still available and the athlete has not fulfilled criteria A or B, the Be3 SC may select additional athletes on the basis of proximity to the criteria above.

In case of a MTR opportunity at this race, the Be3 SC reserves the right to select 1 reserve per gender for this championship.

Selection deadline for candidacy: June 9, 2025

WCH Mixed Team Relay in Hamburg (GER) for Elite on July 12, 2025

Athletes competing individually at the WTCS Hamburg have priority for selection for the relay. To establish the composition of the team (if more than 2 male or 2 female athletes), the team slots will be allocated as follows:

- 1. The highest finisher in the individual race per gender will have priority to start the MTR

The **highest placing athlete per gender in the individual race will have priority** to start the relay. The remaining spot per gender (1 male and 1 female) will be assigned by the TL in collaboration with the Be3 SC on a discretionary basis taking into consideration race dynamics.

If there are **not** enough athletes from the individual race to make up a relay team (2 athletes per gender racing the individual), the Be3 SC reserves the right to select athletes for the relay only.

Results obtained in the period from February 1, 2025 to June 2, 2025 will be used to establish this selection by following these criteria :

- 1. Highest result in a WC
- 2. Highest result in a ETU cup*

* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented and the finish time over 8% of the time of the winner will not be considered. The PI will be taken into consideration.



Selection deadline: June 2, 2025

EC Standard Distance in Istanbul (TUR) August 30-31, 2025

Elite:

The Be3 SC may fill up to **5 quota** places per gender. Priority for the quota places will first go to Elite athletes, followed by U23. The priority for Elites is as follows:

- A. Athletes within the **top 140 of the World Ranking** at the deadline for candidacy have **first priority**.
- B. Athletes who have achieved one of the following **results in 2025** until the selection deadline listed below have **second priority**. Athletes achieving results on a WTCS level have priority over WC results, and WC have second priority over ETU results.

- 1) 1x top 30 WTCS
- 2) 1x top 20 WC
- 3) 1x top 8 ETU*

In the event that quota places are still available and the athlete has not fulfilled criteria A or B, the Be3 SC may select additional athletes on the basis of proximity to the criteria above, including the European Sprint Championships, but are not obliged to.

Selection deadline: July 26, 2025

U23 :

- A. Athletes within the **top 140 of the World Ranking** at the deadline for selection have **first priority**.
- B. Athletes who have achieved one of the following results in 2025 until the selection deadline listed below have **second priority**. Athletes achieving results on a WTCS level have priority over WC results, and WC have second priority over ETU results.

- 1) 1x top 35 WTCS
- 2) 1x top 25 WC
- 3) 1x top 12 ETU*

In the event that places are still available and the athlete has not met criteria A or B, the Be3 SC reserves the right to select on the basis of results obtained in the period from February 1, 2025 to July 26, 2025. Priority will be given to athletes who have achieved the criteria in WTCS, then in WC and lastly in ETU, taking into consideration the PI when necessary.

* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented and the finish time over 8% of the time of the winner will not be considered.



The name switch policy for this race is the same as listed on page 5, but the order of priority will go to athletes with the best result: first to Elite achieving criteria A, then to Elite achieving criteria B, then to U23 achieving criteria A, and finally to U23 achieving criteria B.

Selection deadline: July 26, 2025

World Triathlon Championship Grand Final 2025 in Wollongong (AUS).

The Be3 SC may fill up to **5 quota** places per gender. Priority for the quota places will be assigned as follows:

Elite :

- A. Athletes within the **top 140 of the World Ranking** at the deadline for selection have **first priority**.
- B. Athletes having met the **criteria below in 2025** until the deadline of selection have **second priority** :
 - 1) Top 30 in WTCS
 - 2) Top 15 in a WC

* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented or the finish time over 8% of the time of the winner will not be considered.

Selection deadline: September 8, 2025

WCH U23 & Mixed Team Relay for Junior/U23: Wollongong (AUS) October 15-19, 2025

U23 :

The Be3 SC may fill up to **2 quota** places per gender. Priority will be given as follows:

- A. Athletes within the **top 140 of the World Ranking** at the deadline for selection have **first priority**.
- B. Athletes who have achieved one of the following **results** between February 1, 2025 and September 7, 2025 have **second priority**. In the event that several athletes have achieved these results criteria, priority will be given to athletes who have achieved the result in WTCS, then in WC and lastly in ETU.
 - 1) 1x top 35 WTCS
 - 2) 1x top 20 WC
 - 3) 1x top 12 ETU*

If places are still available and the athlete has not met criteria A or B criteria, the Be3 SC reserves the right to select on discretionary basis if results obtained in the period from February 1, 2025 to September 7, 2025 are close to the B criteria.



* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented or the finish time over 8% of the time of the winner will not be considered.

Selection deadline: September 8, 2025

Junior/U23 mixed relay:

A team will be made up of the Junior and U23 athletes selected for the individual race. For the junior athletes selection criteria for the individual race, please refer to the 2025 Selection criteria for Juniors.

To establish the composition of the team, the priority will be given as follows:

1. The highest placing U23 athlete(s) per gender in the top 8 in the individual U23 race.
2. If there are less than two (2) U23 athletes per gender in the top 8 in the individual U23 race, the highest placing junior in the top 8 in the individual Junior race will earn a spot.
3. If no athletes have achieved a top 8 in the U23 or Junior individual race, then the highest placing athletes within the top 20 have priority to start the relay, with U23 having priority over Junior. (i.e U23 athlete placing 12th has priority over a Junior placing 10th)
4. If there are still not enough athletes to compose a team, the remaining slots will be decided by the Be3 SC in collaboration with the TL or staff onsite.

Selection deadline: September 8, 2025

Continental cups outside Europe 2025

Athletes may request to enter a continental cup outside of Europe to their respective TD by email. In the case of greater demand than available quota places, priority is given to higher ranked athletes in the [World Triathlon ranking](#).

ETU Cups 2025

The Be3 SC may fill up to 5 quota places per gender. Priority will be given as follows:

- A. Athletes within the **top 140 of the World Ranking** at the deadline for candidacy have **first priority**.
- B. The **Belgian Champion** in Elite per gender in sprint and standard distance in 2024 and 2025 will earn an automatic slot per championship for one (1) ETU cup of their choice.
- C. For all other athletes, the **criteria** below must be met in 2024 or 2025 to obtain starting rights. Priority will be given to athletes performing on ETU cups, then Belgian Champs, then T3 Series. We will use the following hierarchy for selection:
 - 1) For athletes born before 2001 (Elite):
 - a) Top 24 in an ETU Cup* in 2024 or 2025
 - b) Top 3 BC Sprint or Standard Distance (scratch ranking) in 2024 or 2025
 - c) T3 Series: top 3 men's or women's ranking of the day (scratch classification) in 2025.
 - 2) For athletes born between 2005 and 2002 (U23)**:



- a) Top 30 in an ETU cup* in 2024 or 2025
- b) Top 5 BC Sprint or Standard Distance (scratch ranking) in 2024 or 2025
- c) T3 Series: top 3 in the men's or women's ranking of the day (scratch ranking) in 2025.

**In special circumstances, juniors born in 2006-2007 may request to start in Elite ETU cups by submitting an email to the TD of their league.

* ETU cups and World Cups with fewer than 25 participants and less than 8 countries represented or the finish time over 8% of the time of the winner will not be considered.

If there are more athletes than available quota places to take part in an ETU Cup, the Be3 selection committee will decide which athletes will be entered according to the hierarchy of criteria and results obtained using the PI, or on a discretionary basis in case of close proximity to criteria.

Deadline for candidacy: 45 days prior to the event.

Appeal Procedure

Athletes may appeal the decisions of the Be3 SC within 5 working days of the publication of the selection by the Leagues (LF3 & 3VL). The appeal shall be addressed to the AC Be3 by email to secretary.general@triathlon.be and putting in copy the respective League: for 3VL (info@triatlon.vlaanderen) or for LF3 (contact@lf3.be) and after payment of 100€ deposit to the account of Be3. Account number: BE45 0013 5794 1089.

The AC Be3 is composed of:

- The Secretary General Be3
- The General Director LF3
- The General Manager 3VL

If the athlete is vindicated by the AC Be3, the Be3 SC's decision will be reviewed and the deposit refunded. The decision of the AC may be appealed to the AC Be3 finally within five (5) working days.



Annexe 1 : Code of conduct for National Team members

The national team is represented by the selected athletes and staff. Members of the national team should behave as ambassadors for their sport, federation and their country. Therefore, anyone selected to be part of a national selection is requested to subscribe to the following code of conduct. This code of conduct is a prerequisite for being part of the national selection.

- The athlete will wear national attire as much as possible (given it has been provided in a timely and sufficient manner) and at least at the following times: briefings, podiums, competition and training, at the airport when traveling as a team, during team meals, and at press moments.
- The athlete shares the following values: fair-play, sense of responsibility, dedication, honesty, punctuality, communicative, respectful of others and safety rules.
- Discriminatory behaviour, inappropriate language, transgressive behaviour, vandalism, tobacco use, doping, alcohol abuse, drug use, bullying, sexual, verbal or physical harassment, etc., is unacceptable.
- The athlete is aware of his/her influential presence on social media (Facebook, Twitter, Instagram, etc.) and in communications with the press.
- The athlete agrees to and abides by the anti-doping regulations.
- The athlete participates in the talks convened by the TL.
- If the national delegation is invited to participate in a ceremony before or after the competition, the athletes and the TL will discuss participation or not in such events. Each athlete will comply with the decision of the delegation leadership.
- According to TRI rules, any athlete has the right to file a complaint against an (alleged) irregularity in the competition from an official, staff or athlete. If that alleged irregularity would have been committed by an athlete who is also a member of their own national selection, the complainant will first consult with the TL about the appropriateness of the complaint.
- If any athlete feels harassed or uncomfortable in any situation, he or she may report the case to the World Triathlon Welfare Officers at safesport@triathlon.org and consult the website for more information on the safeguarding and anti-harassment policy.
- The athlete is subject to the rules and codes of TRI available on the TRI website triathlon.org during TRI events.

Sanctions:

Violations against this code of conduct will be dealt with in the first instance by the technical director of the league concerned. Minor violations may result in suspension from participation in training sessions, internships, test days or competitions. Repeated minor violations or major violations will be reported to the disciplinary committee of the league concerned (League Internal Regulations).

In agreement,

The athlete: _____
Handwritten "Read and approved" (signature, date)



Technical director: _____
(signature, date)